

*The 9<sup>th</sup> Annual*  
**DeCesaris/Prout**  
**Championship Golf Tournament**



DECESARIS/PROUT  
***cancer***  
FOUNDATION

*- bringing light to the fight -*

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Friday June 24, 2011

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## A Special Note

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Good Morning Family & Friends!

It is hard to believe it has been 9 years since this all began! The DeCesaris/Prout Championship was created to say “no, we won’t give up on a cure to cancer,” and “yes, we will bring light to the fight in lung & ovarian cancers!” We are truly grateful for all of the donations of time, money, and resources that have made DPCF successful in our goals.

Each year, we continue to search out amazing medical institutions and programs in our own communities and beyond in order to provide more research, patient services, and awareness to those who are suffering from cancer, and we could not do this without you! We humbly beg of you to support our numerous sponsors so they can continue to support a cause so near to our hearts.

Over the last year, we have been able to support programs at Mercy Medical Center, MD Anderson, Vanderbilt University, University of Pennsylvania, National Ovarian Cancer Coalition, Johns Hopkins Medical Center, and the American Cancer Society. This year we are very excited to have two special holes on our front 9. Today alone, all profits made at hole 3 will be supporting The Wellness House of Annapolis, and all profits made from hole 5 will be supporting Mercy’s Lung & Ovarian Oncology Program at Calvert Memorial Hospital. We invite you to read more about the programs on page 2 of this booklet.

Thank you for keeping the legacy of Geaton and Maureen in all of our lives! If only they were still here to celebrate with us, but we know their message goes on...” Cancer cannot take away hope and with the support of God, family, and friends we will win this battle and lives will be saved”

Thank you for “bringing light to the fight” for Lung and Ovarian Cancer research. Enjoy the day with your friends and family, be safe, and remember Geaton and Maureen are smiling from above as we celebrate their lives and all the lives of those touched by cancer today!

God bless you and thank you!



Elizabeth Prout Lennon



JoAnn DeCesaris Wellington



## Schedule for the day

- 7:30 Registration, Continental Breakfast  
*Buy your Mulligan/raffle tickets*  
- free drink cooler with the purchase of a Mulligan - special thanks to The Saunders Family
- 8:00 Opening Remarks
- 8:30 Shotgun Start **We will start promptly.** Please be at your hole ready to tee off.
- |   |                  |
|---|------------------|
| Longest Drive – <i>For all golfers</i>      | Hole #11         |
| Closest to the pin – <i>For all golfers</i> | Hole #12         |
| Hole-in-one & Double your money             | Hole #17         |
| Infamous drink stands                       | Hole #3, 5, & 17 |
| Grape Bombs!                                | Hole #12         |
- 1:30 – 2:00 Return to clubhouse - turn in scores  
Putting Contest closes  
*Buy your raffle tickets*
- 2:00 Lunch, Awards, and Prizes
- 3:00 Close of Auction
- 



This year the money donated from the drink stand at hole #3 will be donated to the Wellness House in Annapolis. Wellness House provides free services and programs to those who have been touched by cancer. From support groups for children, teens, and adults to healthy living services like yoga, reiki, meditation, and therapeutic art classes to individual and family counseling, their goal is to help you or your loved one get well.



The money donated from the drink stand at hole #5 will be donated to The Gynecologic Oncology Center at Calvert Memorial Hospital. It is a collaborative effort with Mercy Medical Center in Baltimore, led by Dr. Rosenshein and Dr. Ryu. The center, the first of its kind in our region, offers women in Southern Maryland the opportunity to be expertly treated for cervical, endometrial and ovarian cancers close to home.





# Rules of Play

## Format

The format for the event is a scramble or Captain's Choice. Each member hits from the tee, the best ball is selected and the second shots on the hole are played from that spot. Play continues in this way until the hole is finished. **MAXIMUM SCORE IS PAR.**

## Preferred Lies

You may improve your lie anywhere on the course, one club length no closer to the hole. If the ball selected is in a sand bunker or hazard, the shot must be taken from the same spot as the original ball (no club length is allowed). Sand bunkers may be raked after each shot, and the next ball must be played as close as possible to the original shot. In a hazard, the ball must be placed as close to the original spot as possible, regardless of any divot that may have been made. Players may use any order they prefer (the person hitting the ball into the hazard or bunker does not have to shoot first).

## Putting

When putting, you must place your ball within two inches of the selected position, no closer to the hole. On the green, you may stand behind a teammate to help determine the line. Once the ball is holed, no further strokes may be taken. Teams are cautioned not to make tap-in putts until all members have had the opportunity to attempt the team's original putt.

## Mulligans

When you use a mulligan, declare your intention to your playing partners. The stroke played with a mulligan is then in play as your shot. Mulligans may not be used on any of the holes designated to win prizes.

## Ties

Ties will be broken by matching cards from last nine holes, to last six holes, to last three holes, to last hole, until the tie is broken. First place winners of each division automatically qualify for the Division Championship at Pine Needles Golf Club and Mid Pines Golf Club in Southern Pines, North Carolina.

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### Our Mission:

*To make a profound affect in research on lung and ovarian cancer, to bring awareness to those who do not know they are at risk, and to make a difference in this dreadful disease by not only better treatment options, but finding a cure!*

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# Cancer Awareness

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## LUNG CANCER

**Risk Factors:** Smoking is by far the leading risk factor for lung cancer. Tobacco smoke causes more than 8 out of 10 cases of lung cancer. Asbestos is another risk factor for lung cancer. Cancer causing agents in the workplace include radon, uranium, vinyl, coal products, mustard gas, gasoline, diesel exhaust, arsenic and chloride. Other risk factors include diet, and personal family history.

**Facts:** The best way to prevent cancer is not to smoke and to avoid people who do. A good diet with plenty of fruits and vegetables may help prevent lung cancer. Known risk factors do not always accompany people who get lung cancer. Thus, it is wise to have regular physician check-ups. Most lung cancers do not cause symptoms until they have spread, but you should seek medical attention if you have a cough that does not go away, chest pain, hoarseness, weight loss and loss of appetite, shortness of breath, onset of wheezing, repeat infections, or rust-colored sputum (spit or phlegm).

## OVARIAN CANCER

**Symptoms include:** Pelvic or abdominal pain or discomfort; vague, but persistent gastrointestinal upsets such as gas, nausea and indigestion; frequency and/or urgency of urination in absence of an infection; unexplained weight gain or loss; pelvic and/or abdominal swelling, bloating and/or feeling of fullness; ongoing unusual fatigue; and unexplained changes in bowel habits.

**Risk Factors:** Genetic predisposition; personal/family history of breast, ovarian, or colon cancers; increasing age; and undesired infertility.

**Facts:** All women are at risk; symptoms do exist and can be extremely vague, yet increase over time; early detection increases survival rate of early stage disease; a Pap Smear DOES NOT detect ovarian cancer.

While the symptoms of ovarian cancer are often not acute or intense, they are not always silent; they whisper, so listen.



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### ***Sun basics for the golf course***

**SLIP** on a long sleeve shirt

**SLOP** on sun block SPF 15 or higher

**SLAP** on a hat

### **REAPPLY AFTER NINE**

Reapply Sun Block before you start the back nine!

# — 18<sup>th</sup> Hole Flag Dedication —



Dedication flags are placed at the 18<sup>th</sup> hole proclaiming the names of the following people who have or who are still battling cancer.

Please join us in recognizing those individuals who are honored in this touching tribute.

## In Honor

### IN HONOR OF:

Luca Assante  
Luca Assante  
Dennis Barry  
Carole Cartney  
Marianne Chisesi  
Joanne Corbin  
Katie Davis  
Katie Davis  
Betty DeCesaris  
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Maria DiPietri  
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My Maria  
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Iris Margaret Mary Gorgen  
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Paula Kozik  
Debbie Kushner  
Denise P. Priddy  
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Jan Ritter  
Linda Sauls  
Linda Sauls  
Nancy Sher  
Carol Tutton  
Michelle Walsh

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David Priddy  
Maureen & Brett  
Maureen & Brett  
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John & Sondra Collins  
Robert & Nancy Sher  
Maria DiPietri  
DeCesaris/Prout Cancer Foundation

# — 18<sup>th</sup> Hole Flag Dedication —

## In Memory

### IN MEMORY OF:

Auntie Kay  
Aurelio Avelleyra  
Kathy Bjorklund  
Terry Brady  
Ida DeCesaris Capano  
Joseph Capano  
Anthony Costanzo  
Barbara Clift  
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Tony Drescher  
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Sandy Ellers  
Michael W. Emmons  
Marie Ferrante  
“Mimi” Farrell  
Johanna Farrell  
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Mary Firth

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The Firth Family  
The Geaton & JoAnn DeCesaris Family Foundation



# — 18<sup>th</sup> Hole Flag Dedication —

## In Memory

### IN MEMORY OF:

Mary Frances Firth  
Molly E. Firth  
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Erwin Lobo  
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Maureen Prout  
Maureen Prout  
Maureen Prout  
Maureen Prout  
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Tom Ribis  
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Love, Vincent, Sophia, Will and Jack  
Marge Gillikin  
Kim Ribis  
Kim Ribis  
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*“I have been blessed to have traveled this journey with my entire family and network of friends that is never ending.”*

*In Loving Memory of  
Geaton A. DeCesaris, Jr.  
July 28, 1955 - April 15, 2006*

*“I thank God for the gifts that He has given me... My life, my family, my friends, my medical staff. I could not take this journey alone and I am so fortunate to have the support of all of you.”*

*In Loving Memory of  
Maureen Prout  
September 8, 1942 - January 24, 2007*